Sunstruck False Sunflower

Heliopsis helianthoides 'Sunstruck'



Sunstruck False Sunflower flowers
Photo courtesy of NetPS Plant Finder

Height: 16 inches

Spread: 14 inches

Spacing: 12 inches

Sunlight: ○ ◐

Hardiness Zone: 4a

Other Names: Oxeye Daisy, Perennial Sunflower

Description:

The mounds of variegated foliage are quite beautiful even when this variety is not in bloom; bright yellow flowers with golden centers appear in spring and summer; stunning in containers or along borders



Sunstruck False Sunflower in bloom
Photo courtesy of NetPS Plant Finder

Ornamental Features

Sunstruck False Sunflower has masses of beautiful yellow daisy flowers with gold eyes at the ends of the stems from mid spring to mid summer, which are most effective when planted in groupings. The flowers are excellent for cutting. Its serrated pointy leaves remain white in colour with distinctive dark green veins throughout the season.

Landscape Attributes

Sunstruck False Sunflower is an herbaceous perennial with an upright spreading habit of growth. Its medium texture blends into the garden, but can always be balanced by a couple of finer or coarser plants for an effective composition.

This is a relatively low maintenance plant, and is best cleaned up in early spring before it resumes active growth for the season. It is a good choice for attracting butterflies to your yard. It has no significant negative characteristics.

Sunstruck False Sunflower is recommended for the following landscape applications;

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- Mass Planting
- General Garden Use
- Naturalizing And Woodland Gardens



Sunstruck False Sunflower in bloom
Photo courtesy of NetPS Plant Finder

Planting & Growing

Sunstruck False Sunflower will grow to be about 14 inches tall at maturity, with a spread of 14 inches. When grown in masses or used as a bedding plant, individual plants should be spaced approximately 12 inches apart. It tends to be leggy, with a typical clearance of 1 foot from the ground, and should be underplanted with lower-growing perennials. The flower stalks can be weak and so it may require staking in exposed sites or excessively rich soils. It grows at a fast rate, and under ideal conditions can be expected to live for approximately 10 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!

This plant does best in full sun to partial shade. It is very adaptable to both dry and moist locations, and should do just fine under typical garden conditions. It is not particular as to soil type or pH. It is highly tolerant of urban pollution and will even thrive in inner city environments. This is a selection of a native North American species. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.